

Lake Meridian Chiropractic of Kent, WA Announces a Major Milestone in the Use of Advanced Atlas Orthogonal Adjustment Technique

Lake Meridian Chiropractic of Kent, WA is pleased to announce that the clinic has performed its 9,000th Atlas Orthogonal (AO) adjustment. This highly-specialized chiropractic technique has provided thousands of patients with relief from a wide variety of symptoms by restoring body balance and eliminating nerve compression in a critical area of the spine.

Kent, WA ([PRWEB](#)) March 26, 2014 -- March 2014 marks a major milestone for [Kent, WA chiropractor Dr. Danene Saggau](#) and the team at Lake Meridian Chiropractic. Using a highly-specialized chiropractic technique and an advanced instrument that is available in only a few other places in Washington State, the clinic has performed its 9,000th [Atlas Orthogonal adjustment](#). According to Dr. Saggau, “Lake Meridian Chiropractic is among the very small number of offices in the state that uses the Atlas Orthogonal percussion wave instrument. It’s not unusual for us to have patients come from other areas of Washington, like Spokane and Moses Lake, to receive treatment because this option just isn’t readily available elsewhere.”

Atlas Orthogonal adjustments are quite different from other types of chiropractic adjustments. Dr. Saggau explains the distinction this way: “The AO procedure feels like a light tap at the side of your neck as the atlas—the vertebra at the top of the spine—is moved precisely back into its correct position. There is no twisting or popping of the neck. Patients are often surprised how anti-climactic the procedure itself is. But over a period of time, they feel their bodies beginning to heal and that’s when they recognize the results.”

While AO adjustments may not be well-known among the general public (even those familiar with chiropractic care), they’ve been a [very effective treatment option for patients at Lake Meridian Chiropractic for over 23 years](#). “We’ve used the Atlas Orthogonal instrument since 1990. I started with one instrument in the office and now have six because of our practice’s growth. While the technology has advanced over the years, I’ve actually kept that very first instrument for sentimental reasons. It still works perfectly and I continue to use it to give my family treatments at home.” In addition to the practice’s long-standing commitment to the most up-to-date equipment, [Dr. Saggau and her team also invest heavily in continuing education so that they can remain at the forefront of AO adjustment techniques](#).

What’s the largest advantage of this type of treatment? “The biggest benefit to the Atlas Orthogonal therapy is the gentle, effective way it brings the body back into balance and removes pain. It utilizes a percussion wave—think of it as a sound wave—to realign the atlas vertebra. Your atlas sits right under your skull and surrounds your brain stem. The pressure produced if it is out of alignment can cause a bevy of symptoms such as migraines, sciatica, fatigue, vertigo, headaches, and suppressed immune system.”

For a more in-depth description of the Atlas Orthogonal procedure, Dr. Saggau encourages individuals to visit Lake Meridian Chiropractic’s website as well as the official site of the Atlas Orthogonal Program, <http://globalao.com>.

About Lake Meridian Chiropractic

Lake Meridian Chiropractic has been providing quality, effective chiropractic care to the residents of Kent, WA since 1990. The practice specializes in care for pediatric, adult and geriatric patients and offers treatments for a variety of injuries (including auto, sports, and workplace injuries) as well as other acute and chronic health



conditions.

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